Child's Name:	Age:	
Observer:	Date:	

Developmental Checklist (by six months)

Do	es the child	Yes	No	Sometimes
1	Show Continues gains in height, weight, and head circumference?			
2	Reach for toys or objects when they are present?			
3	Begin to roll from stomach to back?			
4	Sit with minimal support?			
5	Transfer objects from one hand to the other?			
6	Raise up on arms, lifting head and chest, when placed on stomach?			
7	Babble, coo, and imitate sounds?			
8	Turn to locate the source of a sound?			
9	Focus on an object and follow it's movement vertically and			
	horizontally?			
10	Exhibit a blink reflex?			
11	Enjoy being held and cuddled?			
12	Recognize and respond to familiar faces?			
13	Begin sleeping six to eight hours through the night?			
14	Suck vigorously when it is time to eat?			
15	Enjoy playing in water during bath time?			

Developmental Alerts

Check with a health care provider or early childhood specialist if, by *one month of age*, the infant *does not*:

- show alarm of 'startle' responses to loud noise.
- suck and swallow with ease.
- show gains in height, weight, and head circumference.
- grasp with equal strength with both hands.
- make eye-to-eye contact when awake and being held.
- become quiet soon after being picked up.
- roll head from side to side when placed on stomach.
- express needs and emotions with cries and patterns of vocalizations that can be distinguished from one another.
- stop crying when picked up and held.

Developmental Alerts

Check with a health care provider or early childhood specialist if, by *four months of age*, the infant *does not:*

- continue to show steady increases in height, weight, and head circumference.
- smile in response to the smiles of others (the social smile is a significant developmental milestone).
- follow a moving object with eyes focusing together.
- bring hands together mid-chest.
- turn head to locate sounds.
- begin to raise head and upper body when place on stomach.
- reach for objects or familiar persons.

Child's Name:	A	ige:
Observer:	D	ate:

Developmental Checklist (by 12 months)

Does the child		Yes	No	Sometimes
1	Walk with assistance?			
2	Roll a ball in imitation of an adult?			
3	Pick objects up with thumb and forefinger?			
4	Transfer objects from one hand to the other?			
5	Pick up dropped toys?			
6	Look directly at adult's face?			
7	I mitate gestures: peek-a-boo, bye-bye, pat-a-cake?			
8	Find objects hidden under a cup?			
9	Feed self crackers (munching, not sucking on them)?			
10	Hold cup with two hands; drink with assistance?			
11	Smile spontaneously?			
12	Pay attention to own name?			
13	Respond to "no"?			
14	Respond differently to strangers and familiar persons?			
15	Respond differently to sounds: vacuum, phone, door?			
16	Look at person who speaks to him or her?			
17	Respond to simple directions accompanied by gestures?			
18	Make several consonant-vowel combination sounds?			
19	Mvocalize back to person who has talked to him or her?			
20	Use intonation patterns that sound like scolding, asking,			
	exclaiming?			
21	Say 'da-do' or 'ma-ma'?			

Developmental Alerts

Check with a health care provider or early childhood specialist if, by 12 months of age, the infant does not:

- blink when fast moving objects approach the eyes
- begin to cut teeth.
- imitate simple sounds.
- follow simple verbal requests: "come," "bye-bye."
- pull self to a standing position.

Child's Name:	Age:	
Observer:	Date:	

Developmental Checklist (by 2 years)

Do	es the child	Yes	No	Sometimes
1	Walk alone?			
2	Bend over and pick up toy without falling over?			
3	Seat self in child size chair? Walk up and down stairs with			
	assistance?			
4	Place several rings on a stick?			
5	Place five pegs in a pegboard?			
6	Turn pages two or three at a time?			
7	Scribble?			
8	Follow one-step direction involving something familiar:			
	"Give me" "Show me" "Get a"?			
9	Match familiar objects?			
10	Use spoon with some spilling?			
11	Drink from cup holding it with one hand, unassisted?			
12	Chew food?			
13	Take off coat, shoe, sock?			
14	Zip and unzip large zipper?			
15	Recognize self in mirror or picture?			
16	Refer to self by name?			
17	I mitate adult behaviors in play - for example, feeds "baby"?			
18	Help put things away?			
19	Respond to specific words by showing what was named: toy,			
	pet, family member?			
20	Ask for desired items by name: (for example, cookie)?			
21	Answer with name of object when asked "What's that"?			
22	Make some two-word statements: "Daddy bye-bye"?			

Developmental Alerts

Check with a health care provider or early childhood specialist if, by 24 months of age, the child does not:

- attempt to talk or repeat words
- understand some new words.

- respond to simple questions with 'yes' or 'no'
- walk alone (or with very little help)
- exhibit a variety of emotions: anger, delight, fear.
- show interest in pictures.
- recognize self in mirror.
- attempt self-feeding: hold own cup to mouth and drink.

Child's Name:	Age:	
Observer:	Date:	

Developmental Checklist (by 3 years)

Does the child		Yes	No	Sometimes
1	Run well in a forward direction?			
2	Jump in place, two feet together?			
3	Walk on tiptoe?			
4	Throw ball (but without direction or aim)?			
5	Kick ball forward?			
6	String four large beeds?			
7	Turn pages in book singly?			
8	Hold crayon: imitate circular, vertical, horizontal strokes?			
9	Match shapes?			
10	Demonstrate number concepts of 1 and 2?; (Can select 1 or 2; can			
	tell if one or two objects.)			
11	Use spoon without spilling?			
12	Drink from a straw?			
13	Put on and take off coat?			
14	Wash and dry hands with some assistance?			
15	Watch other children; play near them; sometimes join in their play?			
16	Defend own posessions?			
17	Use symbols in play - for example, tin pan on head becomes			
	helmet and crate becomes spaceship?			
18	Respond to "Put in the box," "Take the out of			
	the box"?			
19	Select correct item on request: big versus little; one versus two?			
20	I dentify objects by their use: show own shoe when asked,			
	"What do you wear on your feet?"			
21	Ask questions?			
22	Tell about something with functional phrases that carry meaning:			
	"Daddy go airplane"; "Me hungry now"?			

Developmental Alerts

Check with a health care provider or early childhood specialist if, by the *third* birthday, the child *does not:*

- eat a fairly well-rounded diet, even though amounts are limited.
- walk confidently with few stumbles or falls; climb steps with help
- avoid bumping into objects.
- carry out simple, two-step directions: "Come to Daddy and bring your book"; express desires; ask questions.
- point to and name familiar objects; use two- or three-word sentances.
- enjoy being read to.
- show interest in playing with other children: watching, perhaps imitating
- indicate a beginning interest in toilet training.
- sort familiar objects according to a single characteristic, such as type, color, or size.

Child's Name:	Age:	
Observer:	Date:	

Developmental Checklist (by 4 years)

Do	es the child	Yes	No	Sometimes
1	Walk on a line?			
2	Balance on one foot briefly? Hop on one foot?			
3	Jump over an object 6 inches high and land on both feet together?			
4	Throw ball with direction?			
5	Copy circles and X's?			
6	Match six colors?			
7	Count to five?			
8	Pour well from pitcher? Spread butter with knife?			
9	Button, unbutton large buttons?			
10	Know own sex, age, last name?			
11	Use toilet independantly and reliably?			
12	Wash and dry hands unassisted?			
13	Listen to stories for at least five minutes?			
14	Draw head of person and at least one other body part?			
15	Play with other children?			
16	Share, take turns (with some assistance)?			
17	Engage in dramatic and pretend play?			
18	Respond to two-step directions: "Give me the sweater and put			
	the shoe on the floor"?			
19	Respond appropriately to "Put it beside," "Put it under"?			
20	Respond by selecting the correct object - for example,			
	hard versus soft object?			
21	Answer "if," "what," and "when" questions?			
22	Answer questions about function: "What are books for"?			

Developmental Alerts

Check with a health care provider or early childhood specialist if, by the *fourth* birthday, the child *does not:*

- have intelligible speech most of the time; have children's hearing checked if there is any reason for concern.
- understand and follow simple commands and directions.

- state own name and age.
- enjoy playing near or with other children.
- use three to four-word sentances.
- ask questions.
- stay with an activity for three or four minutes; play alone several minutes at a time.
- jump in place without falling.
- balance on one foot, at least briefly.
- help with dressing self.

Child's Name:	Age:	
Observer:	Date:	

Developmental Checklist (by 5 years)

Do	es the child	Yes	No	Sometimes
1	Walk backward, heel to toe?			
2	Walk up and down stairs, alternating feet?			
3	Cut on line?			
4	Print some letters?			
5	Point to and name three shapes?			
6	Group common related objects: shoe, sock, and foot; apple,			
	orange, and plum?			
7	Demonstrate number concepts to four or five?			
8	Cut food with a knife: celery, sandwich?			
9	Lace shoes?			
10	Read from story picture book - in other words, tell story by			
	looking at pictures?			
11	Draw a person with three to six body parts?			
12	Play and interact with other children; engage in dramatic play			
	that is close to reality?			
13	Build complex structures with blocks or other building materials?			
14	Respond to simple three-step directions: "Give me the pencil,			
	put the book on the table, and hold the comb in your hand"?			
15	Respond correctly when asked to show penny, nickel, and dime?			
16	Ask "How" questions?			
17	Respond verbally to "Hi" and "How are you"?			
18	Tell about event using past and future tenses?			
19	Use conjunctions to string words and phrases together -			
	for example, "I saw a bear and a zebra and a giraffe at the zoo"?			

Developmental Alerts

Check with a health care provider or early childhood specialist if, by the *fifth* birthday, the child *does not:*

- state own name in full.
- recognize simple shapes: circle, square, triangle.
- catch a large ball when bounced (have child's vision checked).

- speak so as to be understood by strangers (have child's hearing checked).
- have good control of posture and movement.
- hop on one foot.
- appear interested in, and responsive to, surroudings.
- respond to statements without constantly asking to have them repeated.
- dress self with minimal adult assistance; manage buttons, zippers.
- take care of own toilet needs; have good bowel and bladder control with infrequent accidents.

Child's Name:	Age:	
Observer:	Date:	

Developmental Checklist (by 6 years)

Does the child		Yes	No	Sometimes
1	Walk across a balance beam?			
2	Skip with alternating feet?			
3	Hop for several seconds on one foot?			
4	Cut out simple shapes?			
5	Copy own first name?			
6	Show well-established handedness; demonstrate consistent			
	right- or left-handedness?			
7	Sort objects on one or more dimensions; color, shape, or function?			
8	Name most letters and numerals?			
9	Count by rote to 10; know what number comes next?			
10	Dress self completely; tie bows?			
11	Brush teeth unassisted?			
12	Have some concept of clock time in relation to daily schedule?			
13	Cross street safely?			
14	Draw a person with head, trunk, legs, arms, and features;			
	often add clothing details?			
15	Play simple board games?			
16	Engage in cooperative play with other children, involving			
	group decisions, role assignments, rule observance?			
17	Use construction toys, such as Legos, blocks, to make			
	reconizable structures?			
18	Do 15-piece puzzles?			
19	Use all grammatical structures: pronouns, plurals, verb			
	tenses, conjunctions?			
20	Use complex sentences: carry on conversations?			

Developmental Alerts

Check with a health care provider or early childhood specialist if, by the *sixth* birthday, the child *does not:*

- alternate feet when walking up and down stairs.
- speak in a moderate voice; neither too loud, too soft, too

high, too low.

- follow simple directions in stated order: "Please go to the cupboard, get a cup, and bring it to me."
- use four to five words in acceptable sentence structure.
- cut on a line with scissors.
- sit still and listen to an entire short story (five to seven mins).
- maintain eye contact when spoken to (unless this is a cultural taboo).
- play well with other children.
- perform most self-grooming tasks independently: brush teeth, wash hands and face.

Child's Name:	Age:	
Observer:	Date:	

Developmental Checklist (by 7 years)

Does the child		Yes	No	Sometimes
1	Concentrate on completing puzzles and board games?			
2	Ask many questions?			
3	Use correct verb tenses, word order, and sentence structure			
	in conversations?			
4	Correctly identify right and left hands?			
5	Make friends easily?			
6	Show some control of anger, using words instead of			
	physical aggression?			
7	Participate in play that requires temwork and rule observance?			
8	Seek approval for efforts?			
9	Enjoy reading and being read to?			
10	Use pencil to write words and numbers?			
11	Sleep undisturbed through the night?			
12	Catch a tennis ball, walk across a balance beam, hit a ball			
	with a bat?			
13	Plan and carry out simple projects with minimal adult help?			
15	Tie own shoes?			
15	Draw pictures with greater detail and sense of proportion?			
16	Care for own personal needs with some adult supervision?			
	Wash hands? Brush teeth? Use toilet? Dress self?			
17	Show some understanding of cause-and-effect concepts?			

Developmental Alerts

Check with a health care provider or early childhood specialist if, by the *seventh* birthday, the child *does not:*

- show signs of ongoing growth, including increasing height and weight and continuing motor development, such as running, jumping, balancing.
- show some interest in reading and trying to reproduce letters, especially own name.
- follow simple, multiple-step directions: "Finish your book,

- put it on the shelf, and then get your coat on."
- follow through with instructions and complete simple tasks; putting dishes in the sink, picking up clothes, finishing a puzzle. (Note: All children forget. Task incompletion is not a problem unless a child repeatedly leaves tasks unfinished.)
- begin to develop alternatives to excessive use of inappropriate behaviors in order to get own way.
 develop a steady decrease in tension-type behaviors that may have developed with starting school: repeated grimacing or facial tics, eye twitching, grinding teeth, regressive soiling or wetting, frequent stomachaches, refusing to go to school.

Child's Name:	Age:	
Observer:	Date:	

Developmental Checklist (by 8 & 9 years)

Does the child		Yes	No	Sometimes
1	Have energy to play, continuing growth, few illnesses?			
2	Use pencil in a deliberate and controlled manner?			
3	Express relatively complex thoughts in a clear and logical fashion?			
4	Carry out multiple four- to five-step instructions?			
5	Become less easily frustrated with own performance?			
6	Interact and play cooperatively with other children?			
7	Show interest in creative expression - telling stories, telling			
	jokes, writing, drawing, singing?			
8	Use eating utensils with ease?			
9	Have a good appetite? Show interest in trying new foods?			
10	Know how to tell time?			
11	Have control of bowel and bladder functions?			
12	Participate in some group activities - games, sports, plays?			
13	Want to go to school? Seem disappointed if must miss a day?			
14	Demonstrate beginning skills in reading, writing, and math?			
15	Accept responsibility and complete work independently>?			
16	Handle stressful situations without becoming overly upset?			

Developmental Alerts

Check with a health care provider or early childhood specialist if, by the *eighth* birthday, the child *does not:*

- attend to the task at hand; show longer periods of sitting quietly, listening, responding appropriately.
- follow through on simple instructions.
- go to school willingly most days (of concern are excessive complaints about stomachaches or headaches when getting ready for school.)
- make friends (observe closely to see if the child plays alone most of the time or withdraws consistently from contact with other children).
- sleep soundly most nights (frequent and recurring

- nightmares or bad dreams are ussually a minimum at this age).
- seem to see or hear adequately at times (squints, rubs eyes excessively, asks frequently to have things repeated).
- handle stressful situations without undue emotional upset (excessive crying, sleeping or eating disturbances, withdrawl, frequent anxiety).
- assume responsibility for personal care (dressing, bathing, feeding self) most of the time.
- show improved motor skills.

Developmental Alerts

Check with a health care provider or early childhood specialist if, by the *ninth* birthday, the child does not:

- exhibit a good appetite and continued weight gain (some children, especially girls, may already begin to show early signs of an eating disorder).
- experience fewer illnesses.
- show improved motor skills, in terms of agility, speed and balance.
- understand abstract concepts and use complex thought processes to problem solve.
- enjoy school and the challenge of learning.
- follow through on multiple-step instructions.
- express ideas clearly and fluently.
- form frienships with other children and enjoy participating in group activities.